

WEEK # 3

Menu 2018

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**Breakfast Menu Items For The Week**

Oatmeal  
Cold Cereal  
Cream of Wheat

Eggs Any Style  
Bacon

Toast  
Assorted Muffins



Assortment  
Of Fruit Juices

Tea  
Milk  
Coffee



1/2 Grapefruit  
1/2 Orange  
Bananas

	28-Jan MONDAY	29-Jan TUESDAY	30-Jan WEDNESDAY	31-Jan THURSDAY	1-Feb FRIDAY	2-Feb SATURDAY	3-Feb SUNDAY
<b>D I N N E R</b>	Cream of Mushroom * Marinated Steak and Onion Mashed Potatoes Yellow Beans Pears	Barley Soup Sweet and Sour Pork Mashed Potatoes Rice Pilaf Broccoli Squares	Beef Noodle Soup Chicken Nuggets Mashed Potatoes Carrots Pear crisp	Vegetable Soup Saulburry Steak with Fried Onions and Mushroom Mashed or Baked Potatoes Cauliflower Melon	Hamburger Soup Poached Fish White Sauce Mashed Potatoes Peas Peaches	Cream of Chicken BBQ Rib Mashed Potatoes Rice pilaf Green Beans Grapes	Rice Soup Baked Ham Scalloped or Mashed Potatoes Cream Corn Pie
<b>S U P P E R</b>	Cream of Mushroom Chicken Sandwich Cole Slaw tomato Cake	Barley Soup Rappie Pie  Brown Bread Fruit Cocktail	Beef Noodle Soup Spaghetti and Meat sauce Garlic Bread Pudding	Vegetable Soup Pancake Sausage Pineapple Cake	* Hamburger Soup Chicken Stew Biscuit Pumpkin Tarts	Corn Chowder Biscuit  Apple Sauce	Rice Soup Corned Beef Hash Chow chow Blueberry Cobbler

Menu may change without notice

HS Snack Menu							Crackers With Peanut Butter or Cheese
Cookies	pudding	Fig cookies	Toast	Nutri Grain Bars	Cookies		